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Functional Medicine

QUOTE GM #04

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Titre

Créé le

## INTESTINAL MICROBIOTA IMBALANCE TRIGGERS ALLERGIC DISEASES

[Allergol Immunopathol \(Madr\). 2016 Mar-Apr;44\(2\):177-88. doi: 10.1016/j.aller.2015.01.013. Epub 2015 May 16.](#)

### **Intestinal microbiota and allergic diseases: A systematic review.**

[Melli LC<sup>1</sup>](#), [do Carmo-Rodrigues MS<sup>2</sup>](#), [Araújo-Filho HB<sup>1</sup>](#), [Solé D<sup>3</sup>](#), [de Moraes MB<sup>4</sup>](#).

“Evidence suggests that possible imbalances in intestinal microbiota composition may be implicated in the occurrence of allergic diseases.”

(...) “In the early microbiota of children who later developed allergies, lower bacterial diversity was observed. (...) In the microbiota of allergic children whose intestinal microbiota was assessed at the onset of allergic symptoms, there was (...) a lower bacterial diversity.”